

Balloon Pop

You'll need:

- A large bag of round balloons
- 2 balloon pumps (optional)
- A chair for each team
- A whistle or horn

How to play:

- Divide the group evenly into two or more small teams.
- Each team forms a line at one end of a relay area.
- A chair is set at the far end of the relay area.
- Give a balloon to each person on each team.
- On the signal, the first player in each line runs to the chair, blows up the balloon, and sits on the balloon until it pops. Once the balloon has been popped, the player runs back to the beginning of the relay line and tags the next player.
- Each player takes a turn. The first team to finish wins.